

# **Keys to Academic Success**

## **The Study Cycle**

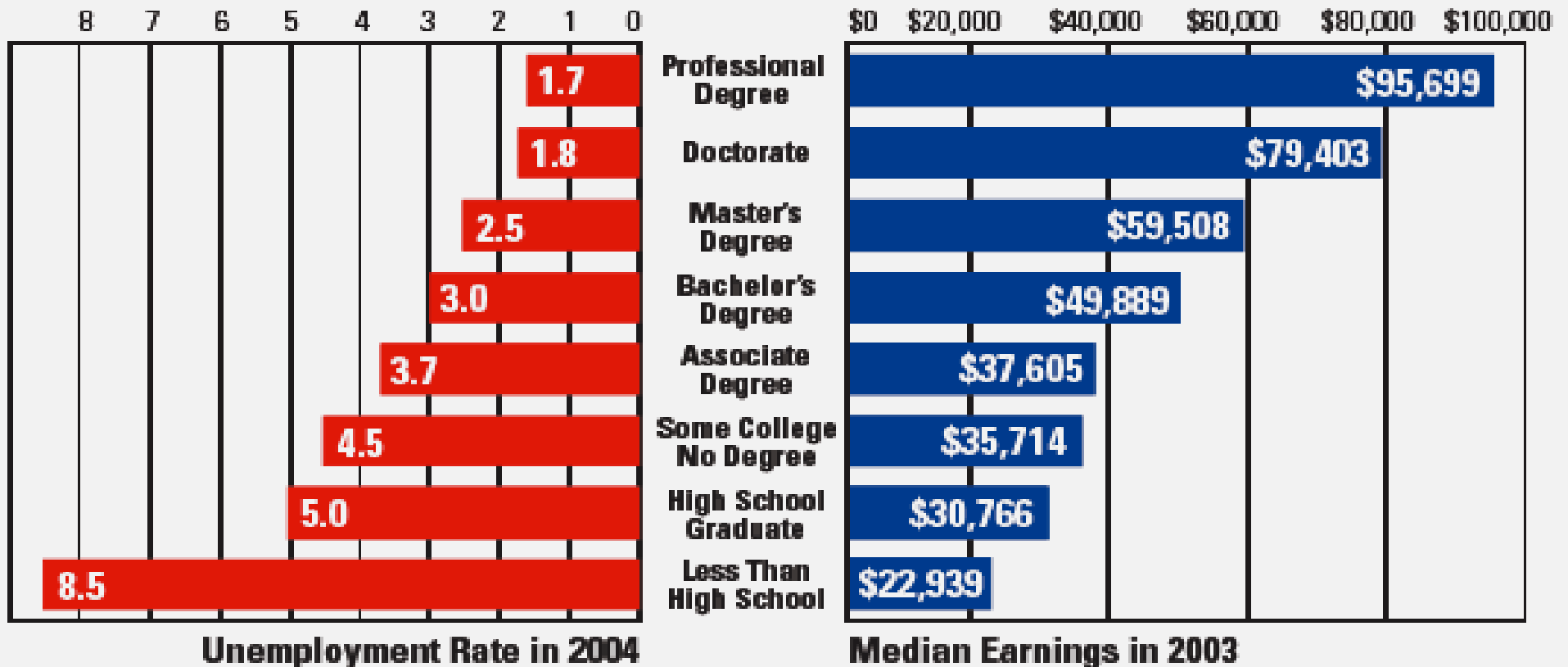
# Education and Salary



# Education Pays

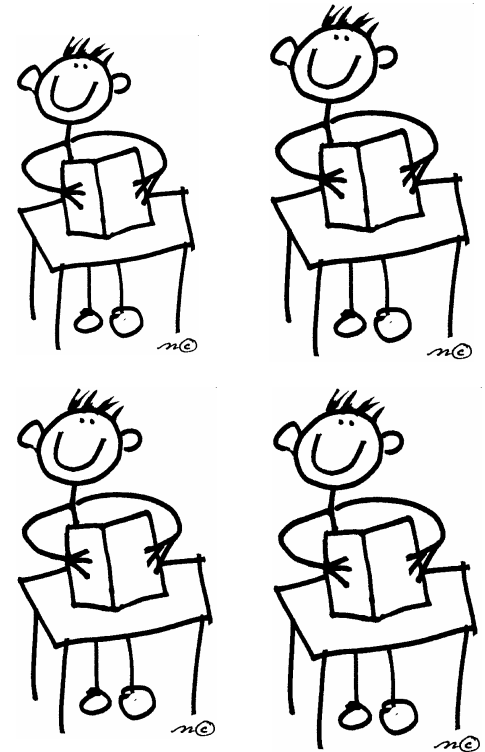
## Higher Learning Equals Higher Earning

In today's world, those with a higher education will benefit most.



## The Facts

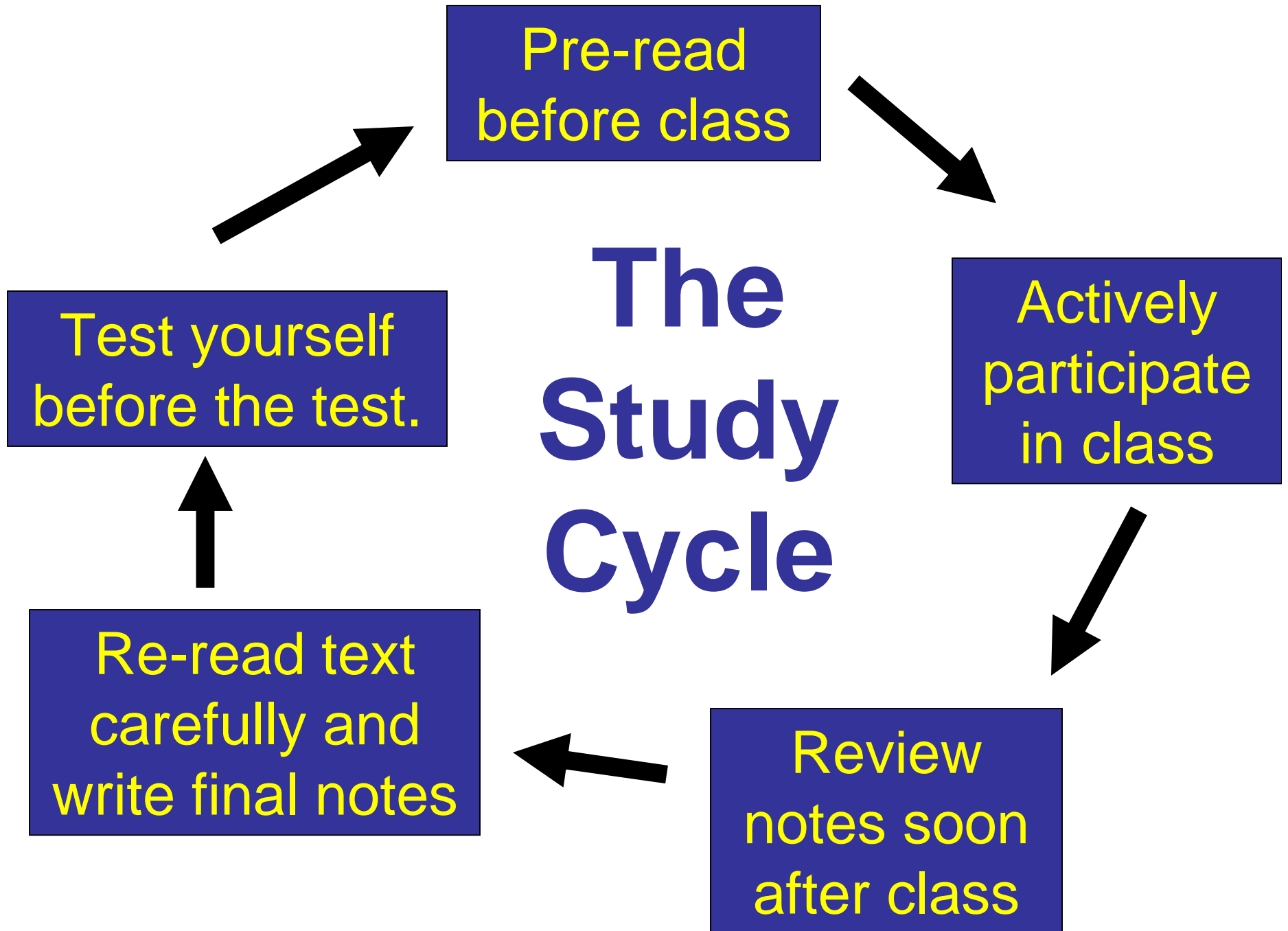
- ✓ 1 out of 4 freshmen drop out their first year.
- ✓ 2 out of 4 do not earn a degree.



## Why?

- ✓ Not enough time studying.  
HS: 6-12 hrs/wk  
College: 24-30 hrs/wk
- ✓ Never learned to study or learn **effectively** or **efficiently**.

# The Study Cycle



# The 1-hour study session.

**5 minutes:** Set goals. What are you going to accomplish?

**35 minutes:** Work to accomplish your goals.

**10 minutes:** Review what was studied.

**10 minutes:** Take a break!

**Repeat**