

*The High School gym will be open on designated Saturday nights for community use. Play basketball, volleyball, dance, run, hoola-hoop, HAVE FUN in an all ages, safe, drug-free environment. Limited sporting equipment will be provided but please feel free to bring your own! Snacks will be sold to support the teen center.*

THE AV TEEN CENTER PRESENTS

## **OPEN GYM Saturday NIGHTS**

Featuring **FREE COMMUNITY EVENTS**

**YOU ARE INVITED** □ **DON'T MISS OUT**

□ **Saturday February 7<sup>th</sup>**  
7:00pm to 10:00pm—open gym

□ **Saturday February 14<sup>th</sup>**  
7:00pm to 10:00pm—open gym...

with Special VALENTINE'S DAY event:

### **Double Feature MOVIE NIGHT**

Meet your friends or bring your special Valentine to watch a movie on the big screen. Movies will begin approximately at 7:00 and 8:30. Bring a blanket and/or pillows to sit on—the gym floor can be very cold! Popcorn will be sold to benefit AV teen center.

□ **Saturday February 21<sup>st</sup>**  
7:00pm to 10:00pm—open gym...

with Special event: **SELF DEFENSE WORKSHOP**

Hosted by **Brenda Stone, 3<sup>rd</sup> degree black belt and Karate instructor.**

Wear comfortable clothes and learn some basic self defense techniques.

Empower yourself and have fun!

□ **Saturday February 28<sup>th</sup>**  
7:00pm to 10:00pm—open gym

□ STAY INFORMED ABOUT UPCOMING EVENTS □

VISIT [www.panthers.org](http://www.panthers.org) or call the AV Teen Center answering machine at 895-3698.